

2024 Irish Summer National Age Group Championships (50m)

11th – 14th July 2024, Limerick - Programme of Events

Day 1 – Thu 11 th July 2024	Day 2 – Fri 12 th July 2024	Day 3 – Sat 13 th July 2024	Day 4 – Sun 14 th Jul 2024
Session 1 Heats Female Warm Up xxx Male Warm Up xxx Start xxx	Session 4 Heats Male Warm Up xxx Female Warm Up xxx Start xxx	Session 7 Heats Male Warm Up xxx Female Warm Up xxx Start xxx	Session 10 Heats Female Warm Up xxx Male Warm Up xxx Start xxx
<ul style="list-style-type: none"> ▪ Female 100m Breaststroke ▪ Male 13-14 yrs 400m IM ▪ Female 200m Freestyle ▪ Male 200m Freestyle ▪ Mixed 12 yrs 200m Mixed Medley Relay HDW ▪ Mixed 13/14 yrs 400m Mixed Medley Relay HDW 	<ul style="list-style-type: none"> ▪ Male 200m Backstroke ▪ Female 50m Freestyle ▪ Male 50m Freestyle ▪ Female 100m Butterfly ▪ Male 12 yrs 200m Freestyle Relay HDW ▪ Female 12 yrs 200m Freestyle Relay HDW ▪ Male 13/14 yrs 400m Freestyle Relay HDW ▪ Female 13/14 yrs 400m Freestyle Relay HDW 	<ul style="list-style-type: none"> ▪ Male 100m Freestyle ▪ Female 12-14 yrs 400m Freestyle ▪ Male 200m Breaststroke ▪ Female 100m Backstroke ▪ Male 12 yrs 200m Medley Relay HDW ▪ Female 12 yrs 200m Medley Relay HDW ▪ Male 13/14 yrs 400m Medley Relay HDW ▪ Female 13/14 yrs 400m Medley Relay HDW 	<ul style="list-style-type: none"> ▪ Female 100m Freestyle ▪ Male 13-14 yrs 400m Freestyle ▪ Female 13-14 years 400m IM ▪ Male 200m Butterfly ▪ Mixed 12 yrs 200m Mixed Freestyle Relay HDW ▪ Mixed 13/14 yrs 400m Freestyle Relay HDW
Session 2 Heats Male Warm Up xxx Female Warm Up xxx Start xxx	Session 5 Heats Female Warm Up xxx Male Warm Up xxx Start xxx	Session 8 Heats Male Warm Up xxx Female Warm Up xxx Start xxx	Session 11 Heats Female Warm Up xxx Male Warm Up xxx Start xxx
<ul style="list-style-type: none"> ▪ Male 100m Breaststroke ▪ Female 200m Backstroke ▪ Male 13-14 yrs 1500m Freestyle HDW 	<ul style="list-style-type: none"> ▪ Female 200m IM ▪ Male 100m Butterfly ▪ Female 13-14 yrs 800m Freestyle HDW 	<ul style="list-style-type: none"> ▪ Male 100m Backstroke ▪ Female 200m Breaststroke ▪ Male 13-14 yrs 800m Freestyle HDW 	<ul style="list-style-type: none"> ▪ Female 200m Butterfly ▪ Male 200m IM ▪ Female 13-14 yrs 1500m Freestyle
Session 3 Finals Female Warm Up xxx Male Warm Up xxx Start xxx	Session 6 Finals Male Warm Up xxx Female Warm Up xxx Start xxx	Session 9 Finals Male Warm Up xxx Female Warm Up xxx Start xxx	Session 12 Finals Female Warm Up xxx Male Warm Up xxx Start xxx
<ol style="list-style-type: none"> 1. Female 12 yrs 100m Breaststroke 'B' 2. Female 12 yrs 100m Breaststroke 'A' 3. Female 13 yrs 100m Breaststroke 'B' 4. Female 13 yrs 100m Breaststroke 'A' 5. Female 14 yrs 100m Breaststroke 'B' 6. Female 14 yrs 100m Breaststroke 'A' 7. Male 13 yrs 400m IM 8. Male 14 yrs 400m IM 9. Female 12 yrs 200m Freestyle 'B' 10. Female 12 yrs 200m Freestyle 'A' 11. Female 13 yrs 200m Freestyle 'B' 12. Female 13 yrs 200m Freestyle 'A' 13. Female 14 yrs 200m Freestyle 'B' 14. Female 14 yrs 200m Freestyle 'A' 	<ol style="list-style-type: none"> 33. Male 12 yrs 200m Backstroke 'B' 34. Male 12 yrs 200m Backstroke 'A' 35. Male 13 yrs 200m Backstroke 'B' 36. Male 13 yrs 200m Backstroke 'A' 37. Male 14 yrs 200m Backstroke 'B' 38. Male 14 yrs 200m Backstroke 'A' 39. Female 12 yrs 50m Freestyle 'B' 40. Female 12 yrs 50m Freestyle 'A' 41. Female 13 yrs 50m Freestyle 'B' 42. Female 13 yrs 50m Freestyle 'A' 43. Female 14 yrs 50m Freestyle 'B' 44. Female 14 yrs 50m Freestyle 'A' 45. Male 12 yrs 50m Freestyle 'B' 46. Male 12 yrs 50m Freestyle 'A' 	<ol style="list-style-type: none"> 71. Male 12 yrs 100m Freestyle 'B' 72. Male 12 yrs 100m Freestyle 'A' 73. Male 13 yrs 100m Freestyle 'B' 74. Male 13 yrs 100m Freestyle 'A' 75. Male 14 yrs 100m Freestyle 'B' 76. Male 14 yrs 100m Freestyle 'A' 77. Female 12/13 yrs 400m Freestyle 78. Female 14 yrs 400m Freestyle 79. Male 12 yrs 200m Breaststroke 'B' 80. Male 12 yrs 200m Breaststroke 'A' 81. Male 13 yrs 200m Breaststroke 'B' 82. Male 13 yrs 200m Breaststroke 'A' 83. Male 14 yrs 200m Breaststroke 'B' 84. Male 14 yrs 200m Breaststroke 'A' 	<ol style="list-style-type: none"> 103. Female 12 yrs 100m Freestyle 'B' 104. Female 12 yrs 100m Freestyle 'A' 105. Female 13 yrs 100m Freestyle 'B' 106. Female 13 yrs 100m Freestyle 'A' 107. Female 14 yrs 100m Freestyle 'B' 108. Female 14 yrs 100m Freestyle 'A' 109. Male 13 yrs 400m Freestyle 110. Male 14 yrs 400m Freestyle 111. Female 13 yrs 400m IM 112. Female 14 yrs 400m IM 113. Male 12/13 yrs 200m Butterfly 'B' 114. Male 12/13 yrs 200m Butterfly 'A' 115. Male 14 yrs 200m Butterfly 'B' 116. Male 14 yrs 200m Butterfly 'A'

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15. Male 12 yrs 200m Freestyle 'B'	47. Male 13 yrs 50m Freestyle 'B'	85. Female 12 yrs 100m Backstroke 'B'	117. Female 12/13 yrs 200m Butterfly 'B'
16. Male 12 yrs 200m Freestyle 'A'	48. Male 13 yrs 50m Freestyle 'A'	86. Female 12 yrs 100m Backstroke 'A'	118. Female 12/13 yrs 200m Butterfly 'A'
17. Male 13 yrs 200m Freestyle 'B'	49. Male 14 yrs 50m Freestyle 'B'	87. Female 13 yrs 100m Backstroke 'B'	119. Female 14 yrs 200m Butterfly 'B'
18. Male 13 yrs 200m Freestyle 'A'	50. Male 14 yrs 50m Freestyle 'A'	88. Female 13 yrs 100m Backstroke 'A'	120. Female 14 yrs 200m Butterfly 'A'
19. Male 14 yrs 200m Freestyle 'B'	51. Female 12 yrs 100m Butterfly 'B'	89. Female 14 yrs 100m Backstroke 'B'	121. Male 12 yrs 200m IM 'B'
20. Male 14 yrs 200m Freestyle 'A'	52. Female 12 yrs 100m Butterfly 'A'	90. Female 14 yrs 100m Backstroke 'A'	122. Male 12 yrs 200m IM 'A'
21. Female 12 yrs 200m Backstroke 'B'	53. Female 13 yrs 100m Butterfly 'B'	91. Male 12 yrs 100m Backstroke 'B'	123. Male 13 yrs 200m IM 'B'
22. Female 12 yrs 200m Backstroke 'A'	54. Female 13 yrs 100m Butterfly 'A'	92. Male 12 yrs 100m Backstroke 'A'	124. Male 13 yrs 200m IM 'A'
23. Female 13 yrs 200m Backstroke 'B'	55. Female 14 yrs 100m Butterfly 'B'	93. Male 13 yrs 100m Backstroke 'B'	125. Male 14 yrs 200m IM 'B'
24. Female 13 yrs 200m Backstroke 'A'	56. Female 14 yrs 100m Butterfly 'A'	94. Male 13 yrs 100m Backstroke 'A'	126. Male 14 yrs 200m IM 'A'
25. Female 14 yrs 200m Backstroke 'B'	57. Male 12 yrs 100m Butterfly 'B'	95. Male 14 yrs 100m Backstroke 'B'	
26. Female 14 yrs 200m Backstroke 'A'	58. Male 12 yrs 100m Butterfly 'A'	96. Male 14 yrs 100m Backstroke 'A'	
27. Male 12 yrs 100m Breaststroke 'B'	59. Male 13 yrs 100m Butterfly 'B'	97. Female 12 yrs 200m Breaststroke 'B'	
28. Male 12 yrs 100m Breaststroke 'A'	60. Male 13 yrs 100m Butterfly 'A'	98. Female 12 yrs 200m Breaststroke 'A'	
29. Male 13 yrs 100m Breaststroke 'B'	61. Male 14 yrs 100m Butterfly 'B'	99. Female 13 yrs 200m Breaststroke 'B'	
30. Male 13 yrs 100m Breaststroke 'A'	62. Male 14 yrs 100m Butterfly 'A'	100. Female 13 yrs 200m Breaststroke 'A'	
31. Male 14 yrs 100m Breaststroke 'B'	63. Male 14 yrs 100m Butterfly 'B'	101. Female 14 yrs 200m Breaststroke 'B'	
32. Male 14 yrs 100m Breaststroke 'A'	64. Male 14 yrs 100m Butterfly 'A'	102. Female 14 yrs 200m Breaststroke 'A'	
	65. Female 12 yrs 200m IM 'B'		
	66. Female 12 yrs 200m IM 'A'		
	67. Female 13 yrs 200m IM 'B'		
	68. Female 13 yrs 200m IM 'A'		
	69. Female 14 yrs 200m IM 'B'		
	70. Female 14 yrs 200m IM 'A'		

Notes:

1. Qualification Times and Consideration Times from long course (50m) competitions and Consideration Times from short course (25m) pool events with SC entries and LC entries separated in the heats (SC times seeded first and LC times seeded second per event). Long course consideration times take priority over short course consideration times in the allocation of swimmers
2. 'A' Finals - maximum of three non-Irish competitors
3. 'B' Finals – Irish competitors only
4. 50m/100m/200m Event Finals competed in age groups of
 Male: 12 years ; 13 years ; 14 years (200m Butterfly Combined 12/13 years Final)
 Female: 12 years ; 13 years ; 14 years (200m Butterfly Combined 12/13 years Final)
5. 50m/100m/200m Event Medals awarded in age groups of
 Male: 12 years ; 13 years ; 14 years (200m Butterfly Combined 12/13 years Medals)
 Female: 12 years ; 13 years ; 14 years (200m Butterfly Combined 12/13 years Medals)
6. 400m Freestyle Event Finals competed in age groups of
 Male: 13 years ; 14 years
 Female: 12/13 years ; 14 years
7. 400m Freestyle Event Medals awarded in age groups of
 Male: 13 years ; 14 years
 Female: 12/13 years ; 14 years

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8. 800m/1500m Freestyle Events competed in age groups of Male: 13 years ; 14 years
Female: 13 years ; 14 years
9. 800m/1500m Freestyle Event Medals awarded in age groups of Male: 13 years ; 14 years
Female: 13 years ; 14 years
10. 400m IM Events competed in age groups of Male: 13 years ; 14 years
Female: 13 years ; 14 years
11. 400m IM Event Medals awarded in age groups of Male: 13 years ; 14 years
Female: 13 years ; 14 years

12. Non-Irish athletes receive commemorative medals if achieved from 'A' Finals or Heat Declared Winner (HDW) events
13. 50m, 100m & 200m events have 'A' and 'B' Finals; 'B' Finals only take place in events where more 21 or more athletes compete in the heats within that age band
14. 400m events have 'A' Finals only
15. 800m/1500m events and Relay events are HDW
16. A maximum of two relay teams ('A' and 'B') can be entered per club per relay event; relay athletes must have a primary training base on the island of Ireland
17. Gold/Silver/Bronze Certificates Awarded to 'Highest Improvement Inside Entry Time' per age group per individual event
18. Top Club Award from Hy-Tek Quality Club Scoring System – each club to have four scoring athletes per individual event per age band and one scoring relay per relay event