

Mallow Swans Swimming Club

2023 Invitational Gala



We cordially invite you to participate in our Annual Invitational Gala which will provide swimmers with an opportunity to achieve times for Regional Qualifying & Regional Championships Meets

Swim Ireland Level 2 Gala: Licence Number:- 20S-22/23-M020

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Meet Dates: Thurs 6th & Fri 7th April 2023

Venue: Mallow Town Swimming Pool Postcode **P51 ND62**

Entries by replying to Whatsapp's group before Friday 17th 2023

Entry Times must be shown on Entry [if NT, enter NT]

Entry Fees

Individual	€7.00 per event
Relay	€20.00 per team

Bank Transfer :

Clonmel Swimming Club bank account

Age Groups / Medals / Awards

Medals will be awarded in all individual events in age groups as below
 Medals: Age Groups 9-12 13-14 15-16 17&over
 Relays



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Swimmers must be:

at 9 years and over to compete at this gala

SI registration Numbers MUST be included with all entries.

Swim Ireland Rules will apply

One Start rule will apply for this gala.

Heats will be run as open events according to fastest time and will all be run as HDW [Heat Declared Winners], with the fastest heats swimming last

Heats may need to be restricted, if entries are over subscribed.

This may be required, in order to comply with Meet Licence requirements

Clubs will be informed of accepted entries prior to the gala

MSSC reserves the right to:

Enter additional Swimmers in certain events

Limit the number of heats and/or entries

or change the running order of events to allow sessions finish on schedule

Events

Distance	50m	100m	200m	400m	800m
Free	✓	✓	✓	✓	✓
Back		✓	✓		
Breast		✓			
Fly	✓				
IM			✓	✓	
Relays			✓		

Other/general information.....

SHOP: Shop will be open from Gala Start

Teas/Coffees, Water + Sandwiches, cakes etc available for purchase

Restrictions on personnel poolside will be strictly enforced to ensure Health & Safety and effective running of gala. Poolside Seating will be available for Coaches/Team Managers on deck (based on entries).

All other Team Staff/Spectators are welcome in the spectator area.



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Order of Events (Electronic Timing will be used throughout Gala)

Session 1 Thursday

Start 5:00 pm

- 1 Boys 400 Freestyle
- 2 Girls 400 Freestyle
- 3 Boys 800 Freestyle
- 4 Girls 800 Freestyle
- 5 Boys 400 IM
- 6 Girls 400 IM

Session 2 Friday

Start 9:00 am

- 7 Boys 200 Backstroke
- 8 Girls 200 Backstroke
- 9 Boys 50 Freestyle
- 10 Girls 50 Freestyle
- 11 Boys 100 Breaststroke
- 12 Girls 100 Breaststroke
- 13 Boys 200 IM
- 14 Girls 200 IM

Session 3 Friday

Start 2:00 pm

- 15 Boys 100 Freestyle
- 16 Girls 100 Freestyle
- 17 Boys 50 Fly
- 18 Girls 50 Fly
- 19 Boys 100 Back
- 20 Girls 100 Back
- 21 Boys 200 Freestyle
- 22 Girls 200 Freestyle
- 23 Mixed 200 IM Relay
- 24 Mixed 200 Free Relay

Scratch Sheets

e-mail all scratches to

mallowcompetitions@gmail.com

All scratches to be submitted by Sunday 2nd April 8pm. The Program will be Printed on Monday 3rd and the Gala will run AS PER THE PROGRAM.

There will be NO Scratches taken at the Gala.

Please Note, if you scratch on time you will NOT be charged.



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SUMMARY SHEET

Boys Individual Entries @ €7.00 per Entry €_____

Girls Individual Entries @ €7.00 per Entry €_____

Relay @ €20.00 per Team €xxxxxxx €_____

TOTAL ENTRY FEES €_____

CLUB

Contact Person: _____

Address: _____

Phone: _____

e-mail: _____

Entry Fees to:

Bank Transfer :

Closing Date: Wednesday 22nd March 2023

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