

Munster & Connacht Youth/Open Championships 2022

Date: May 22 & 23rd.

Warm up Sat. 12 noon Start 1 pm Sun 9am Start 10 am

Venue : UL

Closing Date ; Wednesday 4th.May. Late entries will not be accepted under any circumstances.

Fees : €7.00 per individual event, €20 per relay. **Fees must be paid at least one week prior to the competition. Changes CANNOT be made after fees have been paid. Fees should be paid directly into the bank account, and must include the name of the club and the name of the meet.**

Competition Criteria

Swimmers must be at least 15 years of age prior to December 31st 2022 to enter this meet

Swimmers must qualify in the events in which they wish to enter.

- To be eligible to swim in 50m events swimmers must enter at least one 100m event.
- All qualifying times must have been achieved since January 1st. 2021
- Qualifying times are Long Course, but short course times will be accepted. **If using SC times these must be entered as such and will be converted upon receipt.**
- Times from this event can be used to qualify for Div 2 and Irish Summer Open Meets.
- **This event is Open to swimmers who have NOT entered either the Leinster or Ulster Open Meets. Any swimmer who has entered in either of these meets is not eligible to compete.**

Scratches : Scratches for Saturday must be done by 6pm on Friday. Scratches for Sunday must be done by 3pm on Saturday.

Failure to scratch swimmers who subsequently do not swim will result in a fine of €50 per event, unless a medical certificate is provided within 48 hours of the end of competition.

RELAYS ; Relay forms in the order in which swimmers are swimming must be completed and returned to the recorders table at least 45 minutes before the start of the relevant session. This applies whether or not names have been previously submitted with the entries. Failure to complete the form will result in the relay not being permitted to swim.

Mixed Relays are comprised of two male and two female swimmers.

Entries may be limited to ensure compliance with SI licence rules. Where entries have been limited clubs will be informed when all entries have been processed.

All competing clubs must provide at least one official per six swimmers per session up to a maximum of four officials per session.

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ORDER OF EVENTS

All ages will swim together in heats, there will be finals in individual age groups i.e. 15, 16 and 17 and over.

800m & 1500m Freestyle will be mixed and there will be a maximum of 3 heats in each of these events.

Session 1

Saturday 12 noon

1. Mixed 400m Medley Relay HDW
2. Boys 200m Ind. Medley
3. Girls 200m Backstroke
4. Boys 200m Breaststroke
5. Girls 100m Breaststroke
6. Boys 100m Backcrawl
7. Girls 50m Butterfly
8. Boys 50m Freestyle
9. Mixed 1500m Freestyle HDW

15 minute Break

Session 2

Finals of events from Session 1
where appropriate

Session 3

10. Boys 400m FTR HDW
11. Girls 400m Freestyle HDW
12. Boys 200m Backcrawl
13. Girls 100m Freestyle
14. Boys 100m Butterfly
15. Girls 50m Backcrawl
16. Boys 50m Breaststroke
17. Girls 200m Breaststroke
18. Boys 400m Ind. Medley HDW

15 minute Break

Session 4

Finals of events from Session 3
where appropriate

Session 5

Sunday 10 a.m.

19. Girls 400m Freestyle Relay HDW
20. Boys 100m Breaststroke
21. Girls 200m Ind. Medley
22. Boys 50m Butterfly
23. Girls 50m Freestyle
24. Boys 200m Freestyle
25. Girls 100m Backcrawl
26. Mixed 800m Freestyle HDW
27. Girls 400 Medley Relay HDW

15 minute Break

Session 6

Finals of events from Session 5
where appropriate

Session 7

28. Boys 400m Medley Relay HDW
29. Girls 200m Freestyle
30. Boys 50m Backcrawl
31. Girls 50m Breaststroke
32. Boys 100m Freestyle
33. Girls 100m Butterfly
34. Boys 200m Butterfly
35. Girls 200m Butterfly
36. Boys 400m Freestyle HDW
37. Girls 400m Ind. Medley HDW

15 minute Break

Session 8

Finals of events from Session 7
where appropriate

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Long Course Consideration Times

(Achieved in the Period 1st January 2021 – 4th May 2022)

MALE			EVENT	FEMALE		
15 Born 2007	16 Born 2006	17+ Born 2005 +		15 Born 2007	16 Born 2006	17 + Born 2005 +
32.36	31.01	28.67	50m Freestyle	34.75	33.30	32.75
1.10.26	1.07.38	1.03.84	100m Freestyle	1.15.99	1.13.72	1.10.58
2.35.73	2.30.86	2.22.51	200m Freestyle	2.44.76	2.37.89	2.34.56
5.32.90	5.19.12	5.14.57	400m Freestyle	5.55.57	5.40.75	5.46.32
Max 3 Heats (Mixed Event)			800m Freestyle	Max 3 Heats (Mixed Event)		
Max 3 Heats (Mixed Event)			1500m Freestyle	Max 3 Heats (Mixed Event)		
35.53	35.53	35.53	50m Backcrawl	41.23	41.23	41.23
1.22.99	1.19.53	1.16.30	100m Backcrawl	1.28.20	1.24.52	1.22.02
3.00.63	2.53.10	2.44.95	200m Backcrawl	3.08.89	3.02.02	2.57.40
38.53	38.53	38.53	50m Breaststroke	43.80	43.80	43.80
1.35.91	1.31.80	1.24.39	100m Breaststroke	1.41.66	1.37.42	1.32.81
3.28.24	3.20.56	3.08.75	200m Breaststroke	3.38.06	3.28.97	3.20.60
32.30	32.30	32.30	50m Butterfly	36.50	36.50	36.50
1.20.55	1.17.17	1.13.36	100m Butterfly	1.26.75	1.22.18	1.19.96
2.58.73	2.51.28	2.45.95	200m Butterfly	3.17.06	3.08.85	3.03.62
3.03.39	2.52.89	2.45.32	200m Ind. Med	3.06.89	2.59.11	2.58.08
6.15.78	6.00.12	5.55.89	400m Ind. Med	6.49.87	6.32.89	6.25.84